Eren’s 10 Actions of Self Advocacy

1. Encouraging self-improvement by providing inspiration by showing students how far people with special needs are capable of going while also showing methods that students can take at their current age, state and level to achieve progress in their lives.
2. Bringing awareness of resources in their local, city, and state communities.
3. Providing hope to students suffering from difficulties.
4. Fighting stereotypes against autism and fighting discrimination and prejudice.
5. Making changes in the community, school, government, and corporate sector to ensure that special needs children have a future and can change the future of others.
6. Helping families strengthen bonds with their autistic family.
7. Helping autistics learn how they can make friends and find relationships are but one of many ways they can learn from self-advocates.

8. Mentoring people’s views into growing an expanded mindset of the world to see beyond black and white or structured mindset.

9. Uniting organizations and people together for different causes using autism as the banner…yeah, it’s amazing what you can do outside of autism-based things by working under the autism cause.

10.Helping teachers and faculty find better ways to accommodate and work with autistic students in the classroom and school system.

*Eren Niederhoffer is a self advocate who offers information and support on the topic of self advocacy. He has contributed this advice in collaboration with the Georgia Parent Mentor Partnership. The information provided on the Georiga Parent Mentor website and on this document is intended as general information only and does not take into account your objectives, situation and needs. is General Information only, so does NOT take into account your objectives, financial situation and needs. Before acting on any information contained in this website you should consider the appropriateness of the advice having regard to your objectives, situation and needs.*