**Trauma Resources for Schools and Educators**

**Books**

*10 Steps to Create a Trauma Informed School* – Caelan Soma & Derek Allen

*Bears, Bears Everywhere: Supporting Children’s Emotional Health in the Classroom* – Lesley Koplow

*Little Flower Yoga for Kids: A Yoga and Mindfulness Program to Help Your Child Improve Attention and Emotional Balance* - Jennifer Cohen Harper

*Reaching and Teaching Children Exposed to Trauma* – Barbara Sorrels

*Reaching and Teaching Children Who Hurt: Strategies for Your Classroom* – Susan Craig, Ph.D.

*The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma* **–** Dr. Bessel Van Der Kolk

*Treating Problem Behaviors: A Trauma-Informed Approach* – Ricky Greenwald

*Waking the Tiger: Healing Trauma* – Peter A. Levine

**Online Resources**

Australian Child and Adolescent Trauma, Loss and Grief Network

[http://www.earlytraumagrief.anu.edu.au/resource\_hubs/early\_childhood\_schools\_hub/schools\_resourc esonline/](http://www.earlytraumagrief.anu.edu.au/resource_hubs/early_childhood_schools_hub/schools_resourc%20esonline/)

Child Trauma Academy

<http://www.childtrauma.org/>

Child Trauma Toolkit for Educators

<http://www.nctsnet.org/nctsn_assets/pdfs/Child_Trauma_Toolkit_Final.pdf>

Creating Sanctuary in Schools

http://www.sanctuaryweb.com/Portals/0/Bloom%20Pubs/1995%20Bloom%20Sanctuary%20in%20the%20Classroo

Helping Traumatized Children Learn Volumes 1 & 2

<http://traumasensitiveschools.org>

Little Flower Yoga

<http://littlefloweryoga.com>

National Child Traumatic Stress Network

<http://www.nctsn.org>

National Institute for Trauma and Loss in Children

<http://www.starrtraining.org/tlc>

Professional Quality of Work Life

<http://proqol.org/ProQol_Test.html>

School Mental Health Project

<http://www.smhp.psych.ucla.edu/>

The Heart of Learning and Teaching Compassion, Resiliency and Academic Success

<http://k12.wa.us/CompassionateSchools/HeartofLearning.aspx>