



# Tip Sheet for Data Collection

## Regular Positive Communication Behavior Strategies

If your Vital Behavior is: “Family and student will track ongoing conversation by using a calendar and conversation starters for attendance, behaviors and academics related to individual needs, reporting comments, questions and concerns to teacher or other IEP member.” E2P Graduation Guide Vital Behavior #6

If your Vital Behavior is: “Family and student will review behavior strategies listed on a behavior chart to guide \_\_\_ weekly conversations/activities and share progress and comments with a teacher once a month. E2P Graduation Guide Vital Behavior #3

### Middle and High School ADHD Behavior Chart

My reward this week is \_\_\_\_\_.

	Sun	Mon	Tues	Wed	Thur	Fri	Sat
I followed instructions today.							
I was organized.							
I finished my homework.							
I raised my hand to talk in class.							
I got to class on time.							
I controlled my temper.							
I finished my chores at home.							

[See more on Back](#)

**HINT:** This form was posted on a teacher blog. The teachers in your system may use a form already. Having a conversation with that teacher about what kind of communication they are using would be helpful. Then, **you may choose to collaborate with the teacher to create a log of how parent is tracking behaviors at home.**

The Pacer Center offers parents concise information on Behavior Strategies for home. Use this link for a one page guide:

<http://www.pacer.org/parent/php/PHP-c218a.pdf>

Here is a sample chart to help parents identify and track target behaviors:

Here is an Example of a PBIS Home Plan.

<b>PBIS HOME PLAN</b>				
<b>EXPECTATIONS</b>	<b>Before School</b>	<b>After School</b>	<b>On Weekends</b>	<b>In the Community</b>
<b>Be Respectful</b>	Everyone takes turns to use the bathroom. Even if you are not a morning person, be respectful.	Come home right after school. Remember the rules about leaving the house.	Clear all plans with Mom or Dad.	If you have a cell phone, take it with you when you leave the house.
<b>Be Responsible</b>	Set your alarm. Get up when your alarm goes off. Eat breakfast. Catch the bus.	Call Mom or Dad when you get home if needed. Let the dog out. Do your homework	Do not change plans without telling Mom or Dad.	Use bike rules and follow street signs when riding bike (stop, yield, signal, wear a helmet).
<b>Be Helpful</b>	Make your bed.	Set the table for dinner. Feed the dog.	Clean your room. Do your laundry. Feed and walk the dog.	Put litter in the trash. Be kind.

Today is: \_\_\_\_\_

Place a check in the box when this behavior is accomplished. Then, look back at the end of the day or week, or month and reward the accomplishments!

Parents can report progress from these home plan goals! Instant Data!