

## Tip Sheet for Data Collection

## Regular Positive Communication Person Centered Planning

If your Vital Behavior is: "Family and student will participate in person centered planning and complete monthly task related to their plan and goals." E2P Graduation Guide VB1

If your Vital Behavior is: "Family and student will select \_\_\_\_ areas of need from a transition activity list and complete one each month." E2P Post Secondary Guide VB2

If your Vital Behavior is: "Family and student will use the self-determination checklist/ assessment for completing a task, recording monthly progress to share at upcoming meeting" E2P Post Secondary Guide VB6

The Pacer Center has several resources on Person Centered Planning: <a href="http://www.pacer.org/transition/learning-center/independent-community-living/person-centered.asp">http://www.pacer.org/transition/learning-center/independent-community-living/person-centered.asp</a>

Great Resource Guide for Parents about Self Determination Skill Building http://www.waisman.wisc.edu/naturalsupports/pdfs/FosteringSelfDetermination.pdf

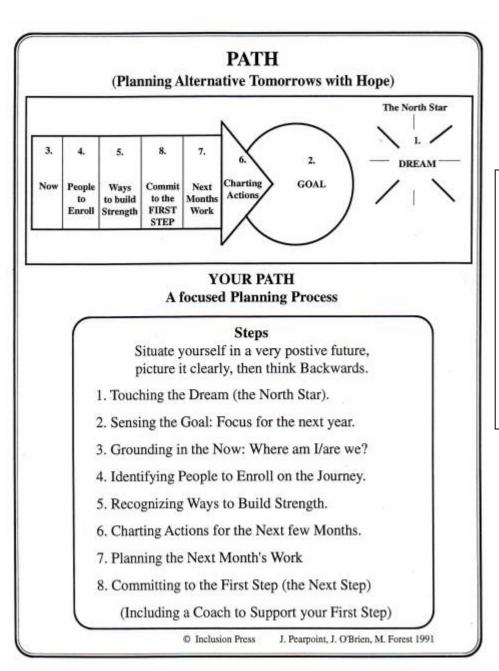
Some steps (from the Pacer Center website) to get the family started: These tasks can be documented as action steps leading up to the PATH or MAP event.

- Develop a history or personal life story of the focus person. This is accomplished by
  everyone sharing past events in the person's life. The focus person's parents and family
  may share the largest amount of this information. Things such as background, critical
  events, medical issues, major developments, important relationships, etc., may be
  shared.
- 2. Description of the quality of the focus person's life is shared next. This may be accomplished by exploring the following: Community participation, community presence, choices/rights, respect and competence.
- 3. Personal preferences of the focus person. Things the focus person enjoys doing. Also including the things that are undesirable to the person.

The meeting to develop the personal profile usually occurs several days before the planning meeting so the participants have time to reflect on what is shared. The meeting, which takes about two hours, may use graphic symbols in place of words to help stimulate creativity and encourage participation.

The Next Step...the planning meeting

See a graphic explanation of the PATH on the back



Hint: Ask a parent mentor: These parent mentors are experienced in person-centered planning: Wayne County April Lee, Hall County Scott Crain, White County Jane Grillo Houston County Marina Jones.