

Resource Links

**3 LEVELS OF NAMI (The National Alliance on Mental Illness): National, State, Community**

* National [NAMI: Who We Are](https://www.nami.org/About-NAMI)
* State [NAMI Georgia](https://namiga.org/about-nami-georgia/)
* Local [NAMI Georgia Affiliates & Support Groups](https://namiga.org/affiliate-locations/)

**FAMILY VIEWS**

* [Mayim Bialik.](https://www.youtube.com/watch?v=TVKfrYhs0jk) PSA for NAMI
* [Max Silverman (brother)](https://www.youtube.com/watch?v=cKeespQytpE)
* [Theo Bennett Speech at NAMI National Convention](https://www.youtube.com/watch?v=56URqsyyMIk) discussing his father's mental health
* [Liza Long: A Parent's Perspective on Mental Illness](https://www.youtube.com/watch?v=EkL6Qx07aiU&t=451s)

**IN YOUR COUNTY**

* [Georgia Crisis and Access Line](https://www.georgiacollaborative.com/providers/georgia-crisis-and-access-line-gcal/)  24/7 Immediate assistance, mobile crisis, home & schools, ask for CIT Trained Officer
* [Community Service Boards (CSBs)](https://dbhdd.georgia.gov/sites/dbhdd.georgia.gov/files/related_files/site_page/Regional%20Map%20with%20Service%20Areas%20%282017-02-01%29.pdf) DBHDD provides behavioral health & DD services in community.
* [LIPT](http://gacoeonline.gsu.edu/lipt/)(Local Inter-agency Planning Team) Group of stakeholders who meet monthly focusing on at risk youth and children.
* [Georgia Family Connection](http://gafcp.org/) is a great place to network with others serving families and community.
* [The Kinship Navigator Program](https://dhs.georgia.gov/sites/dhs.georgia.gov/files/related_files/site_page/Kinship%20Care%20Brochure.pdf) Help for grandparents, relatives, and other caregivers raising a child.
* [Finding a Kinship Navigator](https://georgia.gov/blog/2017-04-06/grandparents-and-relative-caregivers-find-support-kinship-navigator-program) to help grandparents and other relatives raising a child.
* [DFCS](https://dfcs.georgia.gov/)find your county office.

**SUICIDE RESOURCES**

* [The Link Counseling Center](http://www.thelink.org/) , 348 Mount Vernon Hwy. NE, Atlanta, GA 30328, focuses on suicide prevention and aftercare of those affected by suicide. Check here for SOS Training.
* [ASIST Suicide Prevention Training](https://www.chathamsafetynet.org/asist-registration/) Two Day Training currently being offered in Chatham County
* [QPR Training](https://qprinstitute.com/) It is usually offered free by DBHDD, but I couldn't find a current class. The website listed charges $29.95. I tagged [GA Tech](http://endsuicide.gatech.edu/content/qpr-training-0). They are offering twice a month. I would guess it's free. A QPR overview is included in NAMI Basics, Family-to-Family, Homefront, and other educational classes, but it's not an in-depth training.
* [webhealing.com](http://webhealing.com/) is a website designed to help those dealing with grief and loss.
* [Sources of Strength](https://sourcesofstrength.org/) is best practice youth suicide prevention project supported by GA DOE. There are groups in many of our Georgia schools.
* [AFSP](https://afsp.org/our-work/education/)offers educational training focused on suicide prevention including "safeTALK". Check the page to see what's offered in your area.
* [SPAN-GA](https://www.span-ga.org/)has purple packets you can order. They create Memory Quilts and offer Camp SOS for children who have lost a family member to suicide.

**ADDITIONAL YOUTH SUPPORT/EDUCATION**

* [Lives in the Balance](https://www.livesinthebalance.org/) Dr. Ross Greene fosters collaboration. NAMI Basics & Homefront use Dr. Greene's CPS Method to solve problems.
* [Understanding ACEs](https://www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/adverse-childhood-experiences) (Adverse Childhood Experiences)
* [TED Talk: Nadine Burke Harris](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en) "How Childhood Trauma Affects Health Across a Lifetime"
* [Georgia ACEs Connection](https://www.acesconnection.com/g/george-aces-connection)
* [Child Welfare Training Collaborative](https://peprogram.gsu.edu/cwtc/) at GSU will come to your county for free training (Trauma 101, Brain 101, Brain 201)
* [Current Calendar for CWTC](https://calendar.gsu.edu/cwtc) Sign up for one of these, or get a group in your area to schedule.
* [Parent to Parent of Georgia](http://p2pga.org/) offers free training focusing more on DD.
* [Georgia Parent Support Network](http://gpsn.org/)
* Become a CPS-P (Certified Peer Specialist-Parent). Training is available through DBHDD and is listed on our [website](https://namiga.org/registration-open-youth-certified-peer-specialist-cps-y-parent-certified-peer-specialist-cps-p-trainings/).
* [Georgia's LIGHT EPT Initative](http://dbhdd.org/blog/2017/07/03/coordinated-specialty-care-programs-for-first-episode-psychosis-georgias-light-etp-initiative/) We currently have 6 first episode programs with number 7 in the works funded through DBHDD in our CSB's (Advantage Behavioral Health *Athens*, Aspire Behavioral Health *Albany*, McIntosh Trail Community Service Board *Griffin*, River Edge Behavioral Health *Macon*, View Point Health *Gwinnett*, View Point Health *DeKalb/Fulton*).
* Crisis Text Line [One Pager](https://static1.squarespace.com/static/5914d841e6f2e109b2a338f6/t/59516cb1cd0f68a8094865e4/1498508466389/Texter+One+Pager.pdf)
* [NIMH on PANDAS](https://www.nimh.nih.gov/health/publications/pandas/index.shtml) Controversial--some mental health issues may be caused by strep. NIMH gives link to PANDAS Network.
* [Georgia Campaign for Adolescent Power and Potential](https://www.gcapp.org/counseling-and-mental-health) has a list of statewide counseling and mental health services for children and youth.

**JUVENILE JUSTICE**

* [CHINS A Chance to Curtail Delinquency](https://jjie.org/2016/06/29/use-child-in-need-of-services-as-chance-to-curtail-delinquency/) Judge Willie J. Lovett Jr.
* [Georgia Dept. of Juvenile Justice](https://djj.georgia.gov/) serves offenders up to age 21; however, at 17 most juveniles are tried as adults.
* [RYDC](https://djj.georgia.gov/locations/regional-youth-detention-centers)(Residential Youth Detention Center) short term facilities across the state that serve multiple counties.
* YDC (Youth Development Campus) is a long term facility. There are currently 7 in Georgia.
* [Georgia Preparatory Academy](https://djj.georgia.gov/georgia-preparatory-academy) Schools within the detention centers.
* Justice Center: [National Reentry Resource Center](https://csgjusticecenter.org/nrrc/webinars/collateral-consequences-of-a-juvenile-adjudication-how-juvenile-records-can-affect-youth-even-after-the-case-is-over/?mc_cid=c565613697&mc_eid=071cc22c8c) talks about juvenile records. Search the site for other topics of interest including videos and webinars.
* [Juvenile Accountability Courts](http://www.gaaccountabilitycourts.org/SFY18_CourtDirectory_JV.pdf)  in Georgia: Fulton, DeKalb, Henry, and Chatham are only MH Courts. There are 11 Drug Courts.

**SCHOOL INFO**

* [GNETS](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Georgia-Network-for-Special-Education-and-Supports.aspx)(Georgia Network for Educational and Therapeutic Supports) This site has a list of all GNETS, not sure how accurate it is.
* [Special Education Rules](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Special-Education-Rules.aspx) from GA DOE Website
* [Georgia Project AWARE](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Georgia-Project-AWARE.aspx) focus on school based mental health.
* [Georgia APEX Project](http://ghpc.gsu.edu/project/4745415/) has placed therapists in many schools around the state.
* [Georgia Student Health Survey](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Curriculum-and-Instruction/GSHS-II/Pages/GSHS-Results.aspx) Three surveys covering elementary, middle, and high school students.
* [Georgia Positive Behavioral Interventions and Supports](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Positive-Behavioral-Interventions-and-Support.aspx) (PBIS) is being implemented in schools and DJJ.
* [IEP Help](http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Georgia-Online-IEP-(GO-IEP)-Videos.aspx)  Page includes webinars about IEP's
* [RESA](https://www.georgiastandards.org/Learning/Pages/ETC-RESA/RESA.aspx) (Regional Educational Service Agency) Each RESA will be facilitating with NAMI GA to schedule Mental Health Awareness Training in schools.
* [Georgia Youth Challenge Academy](http://www.georgiayouthchallenge.org/) Educational program offered through National Guard for students 16-18 who are having difficulty with traditional high school.

**ENDING the SILENCE INFO**

* NAMI partners with the[24/7 Crisis Text Line: 741741](https://www.youtube.com/watch?v=4H6BL2KKfA0). The video with Nancy Lublin explains the system and the importance of the data they collect.
* NAMI created the website [ok2talk.org](http://ok2talk.org/) for teens and young adults. The conversations are monitored and removed if inappropriate.
* [teenshealth.org](http://teenshealth.org/) focuses on all aspects of health, not just mental health.
* [halfofus.com](http://halfofus.com/) Very good site for college students since most of the story videos are college age.
* [thetrevorproject.org](http://thetrevorproject.org/) helps and supports LGBTQ youth.
* [StopBullying.gov](http://stopbullying.gov/) Provides information from various government agencies on bullying, risk, prevention and responses.
* [jedfoundation.org](http://jedfoundation.org/) NAMI often partners with JED. They have a new Mental Health ad campaign called [Seize the Awkward](https://seizetheawkward.org/) to encourage students to start a conversation about mental health with their friends.
* [walkinourshoes.org](http://walkinourshoes.org/) is mentioned in one of the ETS PowerPoints. It's a site that could be used with younger youth.
* [Walk in Our Shoes PSA.](https://emmresourcecenter.org/resources/walk-our-shoes-30-second-nervous-tv-psa-2013)

**ADDICTION ISSUES**

* [Georgia Council on Substance Abuse](https://www.gasubstanceabuse.org/) offering education, training about substance abuse. They manage a CARES Warm Line.
* [National Institute on Drug Abuse](https://www.drugabuse.gov/)
* [High School & Youth Trends](https://www.drugabuse.gov/publications/drugfacts/monitoring-future-survey-high-school-youth-trends) Even though trends are down, we know students who don't do well in school are at the greatest risk to use.
* [Out of Reach](https://stoprxabuseinga.org/out-of-reach/) Documentary by Dallas GA High School senior about prescription drug abuse in his school (28 minutes).
* [SAM Smart Approaches to Marijuana](https://learnaboutsam.org/who-we-are/leadership-team-2-2/) Founded in 2013 by Patrick Kennedy and Kevin Sabet, who worked for Presidents Clinton, GW Bush, & Obama.

**RESOURCE GUIDES from NAMI**

* [Navigating a Mental Health Crisis](https://www.nami.org/About-NAMI/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis?utm_source=carousel&utm_medium=website&utm_campaign=CrisisGuide) Resource Guide from NAMI
* [Starting the Conversation](https://www.nami.org/About-NAMI/Publications-Reports/Guides/Starting-the-Conversation): College and Your Mental Health

**VIDEOS**

* [Stephen Tonti: ADHD](https://www.youtube.com/watch?v=uU6o2_UFSEY)
* [Kevin Breel.](https://www.ted.com/talks/kevin_breel_confessions_of_a_depressed_comic)(depression)
* [Joshua Walters (Bipolar)](https://www.ted.com/talks/joshua_walters_on_being_just_crazy_enough)
* [Rosie King (autism)](https://www.ted.com/talks/rosie_king_how_autism_freed_me_to_be_myself)
* [Liza Koshy](https://www.youtube.com/watch?v=7OwrmaXsROE) on Opening Up about Mental Health
* [Samantha Pena (OCD)](https://www.youtube.com/watch?v=btO3kE2RrEY)
* [TED Talk: Nadine Burke Harris](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en) "How Childhood Trauma Affects Health Across a Lifetime"
* [The Kids We Loose](http://www.thekidswelose.com/), A Documentary Film trailer

**HUMAN RIGHTS/LEGAL**

* [Georgia Advocacy Office](http://thegao.org/) is funded by Federal Government.
* [Southern Center for Human Rights](https://www.schr.org/) is supported by private donations.
* [Wrightslaw](http://www.wrightslaw.com/)Special Education law does occasional training in Atlanta, but it can be expensive. Information on the website about IEP's. They offer free special ed advocate newsletter.